

2008 AAC Track & Field Championship Results
Banner Elk, NC

Event 1 Women 10000 Meter Run

1	McDowell, Rebecca	Milligan	38:29.9
2	Pearce, Ashley	Milligan	39:36.7
3	Fox, Erika	Milligan	39:55.7
4	Schmitt, Emily	Milligan	40:23.6
5	Bishop, Talisa	Montreat	41:14.0
6	Adkins, Arilsia	Montreat	41:44.1

Event 3 Women 3000 Meter Steeplechase

1	LaBonte, MacKenzie	Milligan	11:28.0
2	Fox, Erika	Milligan	13:03.2
3	Hogan, Kim	Milligan	13:53.7

Event 5 Women 4x100 Meter Relay

1	King College	50.05
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Event 7 Women 1500 Meter Run

1	Talbert, Jacklyn	Milligan	04:41.9
2	Bales, Brittany	Milligan	04:51.3
3	Moore, Nicole	Milligan	04:51.8
4	LaBonte, MacKenzie	Milligan	04:57.1
5	Killough, Brittany	Uva-Wise	05:07.6
6	Alfano, Danielle	King College	05:23.9
7	Gildernew, Elyse	Montreat	05:47.1

Event 9 Women 100 Meter Hurdles

Finals		NWI	
1	Wilson, Bethany	King College	17.16
2	Foster, Kaci	King College	20.50

Event 11 Women 400 Meter Dash

1	Simmons, Brittany	King College	56.86
2	Davis, Amanda	King College	59.73
3	Bales, Brittany	Milligan	01:02.2
4	Wallace, Amanda	King College	01:02.7
5	Goulds, Kortney	Milligan	01:03.8
6	Seitz, Sara	Union	01:04.7

Event 13 Women 100 Meter Dash

1	Adams, Jarethea	King College	13.05
2	Wells, Emma	King College	13.77
3	Lawrence, Cassianna	King College	14.13
4	Oltmann, Lyndsay	Milligan	14.27
5	Florence, Jessica	Union	15.07

Event 15 Women 800 Meter Run

1	Talbert, Jacklyn	Milligan	02:16.2
2	Raines, Shanna	Milligan	02:23.1
3	Moody, Kayla	Milligan	02:24.1
4	Moore, Nicole	Milligan	02:24.8
5	Killough, Brittany	Uva-Wise	02:26.8
6	Adkins, Arilsia	Montreat	02:28.1
7	Alfano, Danielle	King College	02:37.5
8	Gildernew, Elyse	Montreat	02:46.1

Event 17 Women 400 Meter Hurdles

1	Adams, Solange	King College	01:12.0
6	Armstrong, Mary	King College	01:14.7

Event 19 Women 200 Meter Dash

Wind		NWI	H#
Finals			
1	Simmons, Brittany	King College	25.82
2	Davis, Amanda	King College	26.07
3	Adams, Jarethea	King College	26.65
4	Wilson, Bethany	King College	28.43
5	Seitz, Sara	Union	28.80
6	Goulds, Kortney	Milligan	28.94
7	Bates, Kayli	Milligan	30.28

Event 21 Women 5000 Meter Run

1	Pearce, Ashley	Milligan	18:43.6
2	McDowell, Rebecca	Milligan	18:48.5
3	Schmitt, Emily	Milligan	18:49.8
4	Zaldana, Lili	Milligan	18:52.3
5	Bishop, Talisa	Montreat	19:25.1
6	Nelson, Carrie	King College	19:28.2

Event 23 Women 4x400 Meter Relay

1	King College	04:00.8	2
2	Milligan	04:16.6	2

Event 25 Women High Jump

Finals				
1	Foster, Kaci	King College	J4-08.00	1.42m
2	Seibold, Maureen	Uva-Wise	J4-08.00	1.42m
3	Waldbart, Anna	King College	J4-06.00	1.37m
4	Lawrence, Cassianna	King Coll	J4-04.00	1.32m

Event 27 Women Pole Vault

1	Waldbart, Anna	King College	8-06.00	2.59m
2	Armstrong, Mary	King College	8-00.00	2.43m
3	Adams, Solange	King College	6-00.00	1.82m

Event 29 Women Long Jump

1	Simmons, Brittany	King	4.82m	15-09.75
2	Wilson, Bethany	King College	4.77m	15-07.75
3	Davis, Amanda	King College	4.71m	15-05.50
4	Oltmann, Lyndsay	Milligan	4.66m	15-03.50
5	Bates, Kayli	Milligan	4.63m	15-02.25
6	Seitz, Sara	Union	4.56m	14-11.50
7	Florence, Jessica	Union	4.16m	13-07.75
---	Lawrence, Cassianna	King College		ND

Event 31 Women Triple Jump

Finals		NWI		
1	Bates, Kayli	Milligan	9.84m	32-03.50
2	Davis, Amanda	King College	9.73m	31-11.25
3	Lawrence, Cassianna	King Colle	9.65m	31-05.75
4	Tye, Tara	Union	8.75m	28-08.50

Event 33 Women Discus Throw

1	Leavell, Chelsea	Milligan	36.84m	120-10
2	Moore, Tara	Milligan	27.78m	91-02
3	Wilson, Bethany	King College	25.41m	83-04
4	Hurlston, Kristie	King College	22.64m	74-03
5	Moore, Tabitha	Milligan	22.55m	74-00
6	Puryear, Brittany	Union	20.16m	66-02

Event 35 Women Hammer Throw
 1 Hurlston, Kristie King College 34.81m 114-02

Event 37 Women Javelin Throw
 1 Waldbart, Anna King 107-05.50 32.75m
 2 Hurlston, Kristie King College 54-09 16.68m
 3 Armstrong, Mary King College 50-01 15.27m

Event 39 Women Shot Put
 Finals
 1 Leavell, Chelsea Milligan 11.27m 36-11.75
 2 Wilson, Bethany King College 9.30m 30-06.25
 3 Hurlston, Kristie King College 8.49m 27-10.25
 4 Moore, Tara Milligan 8.05m 26-05.00
 5 Moore, Tabitha Milligan 7.76m 25-05.50
 6 Sonnessa, Whitney Milligan 7.38m 24-02.50
 7 Puryear, Brittany Union 6.81m 22-04.25
 8 Armstrong, Mary King College 6.74m 22-01.50

Event 2 Men 10000 Meter Run
 1 Kibert, Brandon Union 33:32.0
 2 Degefa, Wegene Milligan 33:34.0
 3 Hall, Hunter Bryan College 34:21.0
 4 Loaiza, Guillermo Bryan College 34:25.0
 5 Frye, Will Milligan 34:35.0
 6 Dorn, Andrew Bryan College 34:43.0
 7 Hall, Ben Montreat 34:57.0
 8 Faulk, Jeremy King College 39:29.0

Event 4 Men 3000 Meter Steeplechase
 1 Goetz, Daniel Bryan College 10:06.4
 2 Hall, Hunter Bryan College 10:24.3
 3 Frye, Will Milligan 11:02.3
 4 Skeen, Collin Uva-Wise 11:23.0
 5 Faulk, Jeremy King College 11:46.3

Event 6 Men 4x100 Meter Relay
 1 King College 41.47 2
 2 Union 42.52 2
 3 Milligan 53.22 1

Event 8 Men 1500 Meter Run
 1 Kosgei, Wilbourn Montreat 04:07.5
 2 Degefa, Wegene Milligan 04:08.4
 3 Bradley, Josh Bryan College 04:14.7
 4 Kaal, Michael Milligan 04:18.6
 5 Kual, Daniel Union 04:18.8
 6 Parker, Derick King College 04:24.9
 7 Bordelon, Nathan Milligan 04:26.5
 8 Pair, Joseph King College 04:27.4
 9 Butcher, James Milligan 04:29.5
 10 Gregory, Stephen Uva-Wise 04:31.3
 11 O'Quinn, Brennan Union 04:40.6

Event 10 Men 110 Meter Hurdles
 Finals
 1 Todt, Anthony King College 17.78
 2 Barnes, Scotty Union 18.88
 3 O'Quinn, Brennan Union 19.39
 4 Kemp, Logan King College 19.65

Event 12 Men 400 Meter Dash
 1 Thornton, Andre Union 48.13
 2 Krenik, David King College 50.57
 3 Nunnally, Drew Bryan College 50.82
 4 Paramore, Brandon King College 51.02
 5 Bowers, Eric Montreat 51.82
 6 Headrick, Chris King College 52.93

Event 14 Men 100 Meter Dash
 Wind H#
 Finals
 1 Hyman, Kemar King College 10.65 -1.0
 2 Cuffy, Tyrell King College 10.67 -1.0
 3 Nabors, Johnnie Union 10.83 -1.0
 4 Ibeh, Richard King College 11.11 0.8
 5 Smith, Marekus Union 11.21 0.8
 6 Elmore, Grayson King College 11.87 NWI

Event 16 Men 800 Meter Run
 1 Mobley, Zach Bryan College 01:54.2
 2 Kosgei, Wilbourn Montreat 01:56.6
 3 Smith, Colby Bryan College 02:01.9
 4 Williamson, Ryan King College 02:02.3
 5 Gregory, Stephen Uva-Wise 02:12.8
 6 Butcher, James Milligan 02:14.5

Event 18 Men 400 Meter Hurdles
 1 Hyman, Maxwell King College 01:00.3
 2 Todt, Anthony King College 01:01.3
 3 O'Quinn, Brennan Union 01:01.4
 4 Kemp, Logan King College 01:03.1

Event 20 Men 200 Meter Dash
 Name School Finals
 Wind H#
 Finals
 1 Cuffy, Tyrell King College 21.28 2.9
 2 Hyman, Kemar King College 21.46 2.9
 3 Thornton, Andre Union 21.9 2.9
 4 Nabors, Johnnie Union 22.2 2.9
 5 Smith, Marekus Union 22.69 1.4
 6 Headrick, Chris King College 23.12 1.5
 7 Ibeh, Richard King College 23.15 -0.3
 8 Nunnally, Drew Bryan College 23.65 -0.3
 9 Bowers, Eric Montreat 23.71 1.4

Event 22 Men 5000 Meter Run
 1 Degefa, Wegene Milligan 15:53.2
 2 Hamilton, Daniel King College 16:15.3
 3 Kibert, Brandon Union 16:38.7
 4 Loaiza, Guillermo Bryan College 16:51.6
 5 Brewer, Josh King College 16:52.2
 6 Bordelon, Nathan Milligan 17:31.9
 7 Kual, Daniel Union 18:10.4

Event 24 Men 4x400 Meter Relay
 1 King College 03:23.4 2
 2 Bryan College 03:29.2 2

Event 26 Men High Jump
 1 Kemp, Logan King College J6-02.00 1.87m

2	Cox, Torrington	King College	J6-00.00	1.82m
3	Barnes, Scotty	Union	J5-04.00	1.62m
4	Smith, Marekus	Union	J5-02.00	1.57m
5	Todt, Anthony	King College	J5-00.00	1.52m
---	Headrick, Chris	King College	NH	

Event 28 Men Pole Vault

1	Todt, Anthony	King College	9-00.00	2.74m
2	Barnes, Scotty	Union J8-00.00	2.43m	

Event 30 Men Long Jump

Finals

1	Phelps, Jamal	Milligan	6.52m	21-04.75
2	Coleman, Erick	Union 6.40m	21-00.00	NWI
3	Todt, Anthony	King College	6.39m	20-11.75
4	Smith, Marekus	Union	6.38m	20-11.25
5	Nunnally, Drew	Bryan College	6.11m	20-00.50
6	Hyman, Maxwell	King College	5.98m	19-07.50
7	Elmore, Grayson	King College	5.36m	17-07.00
8	Kemp, Logan	King College	5.31m	17-05.25

Event 32 Men Triple Jump

1	Coleman, Erick	Union 12.29m	40-04.00	NWI
2	Smith, Marekus	Union 11.18m	36-08.25	NWI

Event 34 Men Discus Throw

1	Kimson, Mike	Milligan	39.83m	130-08
2	Cox, Torrington	King College	35.02m	114-11
3	Ibeh, Richard	King College	34.53m	113-03
4	Todt, Anthony	King College	32.31m	106-00
5	Barnes, Scotty	Union	31.52m	103-05
6	Hyman, Maxwell	King College	31.04m	101-10
7	Mills, James	Union	30.60m	100-05
8	Newlin, Robert	Milligan	29.16m	95-08
9	Westerman, Justin	Milligan	28.40m	93-02
10	Ford, Jared	Union	27.13m	89-00
11	Bursley, Allyn	Milligan	26.23m	86-01

Event 36 Men Hammer Throw

1	Nave, Derek	King College	45.28m	148-07
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Event 38 Men Javelin Throw

1	Cox, Torrington	King College	47.50m	155-10
2	Kimson, Mike	Milligan	44.90m	147-04
3	Smith, Marekus	Union	43.20m	141-09
4	Hyman, Maxwell	King College	42.70m	140-01
5	Todt, Anthony	King College	40.00m	131-03
6	Miller, Cody	Union	32.10m	105-04
8	Barnes, Scotty	Union	31.90m	104-08
8	Newlin, Robert	Milligan	31.60m	103-08
9	Kemp, Logan	King College	31.10m	102-00
10	Westerman, Justin	Milligan	26.70m	87-07
11	Bursley, Allyn	Milligan	26.30m	86-03

Event 40 Men Shot Put

1	Nave, Derek	King College	12.22m	40-01.25
2	Ford, Jared	Union	11.87m	38-11.50
3	Cox, Torrington	King College	11.80m	38-08.75
4	Mills, James	Union	11.62m	38-01.50
5	Barnes, Scotty	Union	10.92m	35-10.00
6	Kimson, Mike	Milligan	10.89m	35-08.75

7	Westerman, Justin	Milligan	10.65m	34-11.25
8	Todt, Anthony	King College	10.18m	33-04.75
9	Bursley, Allyn	Milligan	10.06m	33-00.25
10	Newlin, Robert	Milligan	9.75m	32-00.00
11	Ibeh, Richard	King College	8.72m	28-07.50

Women - Team RanKing Colleges - 20 Events Score

Men - Team Rankings - 20 Events Scored

Appalachian Athletic Conference - Women
(6-5-4-3-2-1 scoring)

King	173
Milligan	138
UVA-Wise	9
Union	5
Montreat	5
Bryan	0

Appalachian Athletic Conference - Men
(6-5-4-3-2-1 scoring)

King	150
Union	102
Bryan	47
Milligan	44
Montreat	15
UVA-Wise	3